

March 23rd-28th

Family Worship Guide Week One

Dear CPC Parents,

As our church will be streaming rather than congregating over the next few weeks because of the COVID- 19 virus, this would be a good opportunity to take advantage of our resources for daily family worship. In the coming days, attached to our website at Christpresnb.org, you will find two documents labeled “Revised Family Worship,” and “Prayers and Personal Devotional.” In addition, I will provide daily readings to fill in the *Bible Reading* section of the documents. These liturgies and devotionals allow you to conduct a short family worship time without having to prepare. If you find these resources helpful, I would suggest the book *Family Worship Bible Guide* by Reformation Heritage Books. This guide provides a reading plan for family worship along with a short Christ- centered devotion and questions for reflection. It can be ordered at:

<https://www.heritagebooks.org/products/family-worship-bible-guide-bonded-leather-gift-edition.html>

The following are portions taken from the Family Worship Bible Guide and will be listed temporarily online for your viewing. Please consider purchasing this guide.

Monday

Read Psalm Chapter 1

1. Believers should be the happiest of people, we know God and His wonderful love, covenant promises, abundant pardon, strong comfort, and abiding presence. We have sorrows, but no reason to be miserable. Although tempted to enjoy the company and pleasures of worldly people, God’s grace makes believers different from them and allows us to derive our enjoyment from Scripture and the Holy Spirit, which promote holiness in us. On judgement day we will escape the wrath of God and discover how He has watched over us in love all our days. How does this encourage you to follow Christ?

Tuesday

Read Psalm Chapter 2

1. The world is full of opposition to Christ. Hence there is need for powerful and efficacious grace to convict, enlighten, and persuade. Churches should therefore concentrate on gospel preaching and prayer for the work of the Holy Spirit. Whatever the opposition, no human

power can ever nullify or undo the divine purpose. Are you allowing pessimism to affect you, or are you hanging on the hope that Christ's kingdom will prevail in every nation?

Wednesday

Read Psalm Chapter 3

1. There will be times when troubles come from every side; but God proves to be our shield, very strong, always ready at hand, and surrounding us in His protecting love. We must never sink into despair. Prayer is absolutely vital. In His sovereignty, God is prepared to respond to prayer and work on our behalf. Committing everything into God's hands, we may rest assured that He will grant both help and peace. Remembering former deliverances, we will find courage to face the unknown future. He is the same as ever He was. We go forward, feeling there is much we do not know, but one thing is sure: "thy blessing is upon thy people" (v. 8). How has God proven to be your help and peace?

Thursday

Read Psalm Chapter 4

1. In times of difficulty and distress, we should always quickly go to God in prayer. His past deliverances are so many pledges of future deliverances. Since He has proved to be our faithful heavenly Father, let us always hope in God. Remembering the past provides fuel for faith. We must understand that God, in His grace, has made us for Himself. We are meant to be His: bound in covenant to Him, desiring a closer walk with Him, and serving Him in life and death with a single eye to His glory. What comfort will this provide us as we look ahead to our future in heaven with Him?

Friday

Read Psalm Chapter 5

1. Never let us be content with saying our prayers. What God requires of us is not formality but personally drawing near to His presence at the throne of grace. True religion is finding, knowing, and enjoying God— do not be satisfied with anything less. True believers have much to be joyful about: God is our portion, we are precious in his sight, and our sins are all forgiven. In addition to all this, God sees our tears, hears our sighs, and is able and willing to answer our prayers. How is it then that we are so often cast down? How can loving God's name lead us into more joy?

Saturday

Read Psalm Chapter 6

1. God will not allow sin in His children go unchecked. When troubles come our way, we do well to examine ourselves to find out if God is correcting us for some sin in conduct or heart. Whatever the case, we must take it to God in prayer and not give up. If we are truly His by faith in the covenant, God has graciously bound himself to hear when we call on Him. Though the trial drags on and you feel exhausted, cling by faith in Jesus Christ to God's faithful love. How can this psalm help depressed Christians?